

Healthy Aging with Parkinson's

Dance Your Way Through Life



When

Saturday April 26th & Sunday April 27th, 2025 | 9:30AM - 3:30PM

Participants must attend both days

Where

Jackson Dance Studios at Tufts University, 50 Talbot Ave, Medford

What

Guest Instructors Pamela Quinn of PD Movement Lab and David Leventhal from Dance for PD® will combine joyful and expressive dance with healthy, functional movement in a workshop that uses dance to enrich the lives of older people and people with Parkinson's Disease. The course is intended for students in therapy and dance professions and will draw on key elements of dance: the therapeutic use of rhythm; using imagery to achieve and experience qualitative movement and expression; an understanding of kinematics; stimulating the mind through choreographic problem solving; and ways to elicit fun and joy. Join us and learn about the comprehensive and therapeutic value of dance! (This workshop is not eligible for hours applied to dance therapy certification.)

To Register: Student Registration